



**TaeKwonDo Dress Code:**

TKD Pants, MPNinjas Shirt, and your belt

On **Thursday's** all students (**orange** belts and above) need to bring their **sparring gear** to class

White & Yellow



Orange Belts



Green & Purple



Blue Belts



Brown/Red/Black



Teen & Adults

	Tuesday	Wednesday	Thursday	Saturday
White & Yellow	4:30-5:00	5:20-5:50	4:45-5:15	
Orange Belts	5:00-5:40	4:40-5:20	5:10-5:40	
Green & Purple	5:45-6:25	4:40-5:20	5:40-6:25	
Blue Belts	5:45-6:25	5:50-6:30	5:40-6:25	
Brown/Red/Black	6:15-7:00	5:50-6:30	5:40-6:25	
Teen & Adults	7:00-8:00	7:00-8:00	7:00-8:00	

10:45 - 11:30am  
Family TaeKwonDo Class



**NinjaTrix Dress Code:**

Headband, MPNinjas t-shirt, black shorts or pants

**Ninja Classes are 40 mins**

**Group One Ninjas:**

Monday: 5:30  
Wednesday: 6:30  
Saturday: 10:00

**Group Two Ninjas:**

Monday: 6:10  
Thursday: 6:30  
Saturday: 10:00